



2017

# January

## Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Daily Sides</b>	<b>Daily Sides</b>	<b>Daily Sides</b>	<b>Daily Sides</b>	<b>Daily Sides</b>
Mashed Potatoes Fresh Broccoli Whole Apple 100% Fruit Blend Juice	Green Beans Red Pepper Strips Whole Orange 100% Apple Juice	Steamed Carrots Fresh Zucchini Fresh Banana 100% Grape Juice	Vegetarian Baked Beans Celery Sticks Applesauce 100% Orange Juice	Steamed Spinach Baby Carrots Mandarin Oranges 100% Fruit Juice
2 Winter break	3 Pizza Max Sticks  Cheese Burger Ham & Cheese Sandwich Bean Nacho Salad	4 Orange Popcorn Chicken w/ Broccoli & Brown Rice  Hot Dog on Bun Tuna Salad Bagel Turkey & Cheese Salad	5 Chicken w/ Tomato Alfredo Penne Chicken Nuggets w/ Roll Mediterranean Veg Wrap Tossed Garden Salad	6 Pizza Wedge Grilled Cheese Melt Tomato Soup Turkey Sandwich Ham Chef Salad
9 Cheese Quesadilla Spicy Chicken Sandwich Club Sandwich Chicken&Cheese Salad	10 Country Chicken Bowl w/Roll Chicken Cheesesteak Egg Salad Hoagie All-American Cobb Salad	11 Pancakes with Sausage Chicken Nuggets w/Roll Ham & Cheese Wrap Fruit & Cheese Plate	12 Chicken Nuggets w/Roll with Roll Veggie Burger Popcorn Chicken Salad Cheese Sandwich	13 Pizza Wedge  Cheeseburger Chicken Nacho Salad Turkey & Cheese Wrap
16 Holiday	17 Macaroni & Cheese  Cheeseburger Turkey Chef Salad Ham Sandwich	18 Chicken Pot Pie Grilled Cheese Sandwich Tomato Soup Beef Nacho Salad Turkey & Cheese Sandwich	19 Corn Dog  Chicken Nuggets w/Roll Chicken & Cheese Salad Turkey Hogie	20 Pizza Wedge  Hot Dog Tuna Salad Platter Ham & Cheese Wrap
23 Corn Dog  Chicken Patty Sandwich Ham&Cheese Sandwich Vegetarian Baja Salad	24 Rotini w/ Meatballs  Chicken Ranch Flatbread Turkey Wrap Chicken Caesar Salad	25 French Toast Sticks & Sausage Chicken Nuggets w Roll Chicken Salad Sandwich Egg Chef Salad	26 Nachos w/ Mexican Rice Cheeseburger Roasted Vegetable Hoagie All-American Chef Salad	27 Pizza Wedge  Grilled Cheese Melt Egg Salad Sandwich Beef Taco Salad
30 Soft Tacos  Chicken Patty Sandwich Three Cheese Wrap Fruit & Cheese Plate	31 Chicken Mashed Potato Bowl Veggie Cheeseburger Turkey Sandwich Tuna Salad Platter			



This month's wellness message: Unplug & Relax!



This institution is an equal opportunity provider.