

HEALTH AND SAFETY PLAN FOR COMPETITION AND VOLUNTARY WORKOUTS

Fall 2021



STRATH HAVEN HIGH SCHOOL
Wallingford-Swarthmore School District

August 16, 2021

HEALTH AND SAFETY PLAN FOR COMPETITION AND VOLUNTARY WORKOUTS

This Health and Safety Plan will serve as the guidelines for the return to athletic competition and voluntary workouts for Strath Haven High School (SHHS) in the 2021-22 school year. Per PDE guidelines this plan has been reviewed by the Wallingford-Swarthmore School District (WSSD) Board of Directors and posted on the SHHS website for public viewing.

The Strath Haven High School Athletic Department will comply with all masking and capacity guidelines set by the WSSD school board, in accordance with federal, state, and county health officials during this pandemic.

SHHS Athletic Director Patrick Clancy will serve as the point of contact for all athletic questions related to COVID-19. His email address is pclancy@wssd.org.

WSSD MASKING GUIDELINES AS OF AUGUST 16, 2021

- As of August 16, 2021, students in grades K-6 will be required to be masked while indoors on campus. Unvaccinated individuals in grades 7-12 should wear a mask, including wearing a mask while participating in indoor recess/play or sports.
- The District will continue to encourage and support all individuals who prefer to wear a mask on campus.
- If Delaware County (or the Wallingford Swarthmore School District catchment area, if that data becomes available) rises above the threshold of 50 or more cases per 100,000 over a 7-day period, as reflected in weekly reporting by the PA Department of Health, WSSD will institute universal indoor masking within all District buildings. This mandate would be lifted if we fall below this threshold and sustain reduced rates for a two-week period.
 - *On August 13th, the 7-day average of new cases in Delaware County was 76 cases, triggering this indoor mask mandate.*
- Athletes in grades 7-12 may remove their mask when actively exercising indoors, but must mask when on sidelines, in team meetings, and in locker rooms. Athletes should maintain social distancing when possible.
- While on campus, masks will not be required outdoors.
- Masking on District buses and vans is required by the Federal Order issued in January 2021
- Any masking mandate or Order as dictated by the Federal Government, the Governor of Pennsylvania, or the PA Dept. of Health would override the policies and procedures listed
- All athletes and coaches will adhere to mitigation strategies identified in the WSSD health and safety plan.

EXPECTATIONS FOR PRACTICES AND COMPETITIONS

EXPECTATIONS OF WSSD:

- Provide cleaning products for use by coaches/athletes.
- Provide hand sanitizer for use by coaches/athletes.
- Post signs and PIAA COVID-19 Warning to remind coaches and players of COVID-19 symptoms, appropriate social distancing, hygiene, hand washing and sanitizing procedures.
- The Athletic Director will monitor PA Department of Health Travel Guidelines and update coaches when changes are made to the restricted travel list.
- Follow state and local regulations on spectators and venue capacity.
- Provide transportation from High School to/from competitions.

EXPECTATIONS OF PARENTS:

- Submit a PIAA CIPPE Physical Form, dated after 6/1/2021 prior to the first official practice.
- Keep athlete(s) home if they exhibit symptoms of illness or a family member / close contact tests positive for COVID-19.
- Monitor and follow any PA Department of Health travel warnings and quarantine expectations related to travel.
- Notify coaches if an athlete who previously participated in a voluntary workout has become ill or remains home due to COVID-19 related issues
- Make transportation arrangements to limit carpooling with athletes.
- Practice social distancing during pick-up and drop-off of athletes and at all times while on School District property.
- Parents should not attend voluntary workouts or practices, and follow spectator guidelines set for team competitions.

EXPECTATIONS OF COACHES:

- Schedule practices and workouts outdoors whenever possible.
- Enforce the district's health and safety plan
- Arrange for an assistant coach to lead the workout or cancel workout if the coach exhibits symptoms of COVID-19 related illness or has come in close contact with someone confirmed sick with COVID-19.
- Coaches arrive ten minutes early to ensure social distancing while students arrive. Students should be informed that they cannot arrive more than ten minutes early.
- Coaches must follow School District protocols for cold weather, electrical storms, and/or extreme heat. If the weather forecast calls for extreme heat, cold, or thunderstorms, outdoor voluntary workouts should be cancelled and in-season practices/competitions should be modified accordingly.
- Notify the Athletic Director if a student is sent home for exhibiting symptoms of illness.
- Notify the Athletic Director if an athlete who previously participated in a workout/competition has become ill or remains home due to COVID-19 related issues.

- Provide their own face mask, beverages and food items for each workout and that these items will not be shared with others.
- Plan practice drills which maintain 3-6 feet of distance between athletes when possible.
- Refrain from activities that increase the risk of exposure to saliva are not allowed (spitting, use of chewing gum, use sunflower seeds, etc.).
- Maintain 3-6 foot separation to the greatest extent possible. During down time, athletes and coaches should not congregate.
- Monitor arrival and departure of athletes to ensure social distancing.
- Any practices/workouts off-campus must follow the guidelines set forth for on-campus activities, as well as any requirements of the host facility.

EXPECTATIONS OF ATHLETES:

- Only attend if the athlete has no symptoms of illness or has not been in close contact with any individual confirmed sick with COVID-19. If an athlete is sick or has been in close contact with any individual confirmed sick with COVID-19, they must not attend practices and/or games.
- The athlete will arrive dressed and prepared to participate.
- Provide their own face masks, beverages and food items for each workout and that these items will not be shared with others.
- Maintain appropriate social distancing at all times possible, including restrooms, sidelines, dugouts, benches, locker rooms and workout areas.
- Clean/disinfect all clothing, personal items and personal sports equipment regularly

EXPECTATIONS OF OFFICIALS:

- Confirm availability for competitions the day of the event with the athletic director.
- Wear face mask at all times before, during, and after indoor competition.
- Officials will be responsible for their own water.

PROCEDURES IF ATHLETE ARRIVES OR BECOMES ILL:

- Isolate the athlete when symptoms of illness are reported.
- Coach will contact the athlete's parent/guardian to arrange for their pickup.
- If the workout has begun, remove any equipment used by the athlete who has fallen ill until it has been disinfected.
- Coach will report the name of the athlete to the Athletic Director.
- The Athletic Director will report the name of the athlete to the school nurse.

PROCEDURES IF ATHLETE/COACH TESTS POSITIVE FOR COVID-19 OR HAS BEEN IN CLOSE CONTACT WITH SOMEONE WITH COVID-19:

In the event a player and/or coach tests positive or has been in close contact with someone who tested positive for COVID-19, the WSSD athletic department will follow the protocols established by the Chester County Health Department.