

# PRESENTER BIOGRAPHIES

*SHMS MENTAL HEALTH RESOURCE NIGHT 4.18.22*

## **Jacqueline Bradley-Diver, MA, LBS, CAADC**

Jackie holds a Master's Degree in Counseling Psychology and has over 25 years of experience in numerous roles. She provides counseling, coaching, and training services at her private practice in West Chester. Additionally, Jackie is a Pennsylvania Licensed Behavioral Specialist, a Certified Advanced Alcohol and Other Drug Counselor as well as a Pennsylvania Parenting Collaborator for High Conflict Divorce. She holds certifications in Positive Discipline Parent Educator, Classroom Management Educator and Empowering People in the Workplace.

## **Matthew Coffman, MS, LPC**

Matt has been active in the field for the last 7+ years. He started with Effective School Solutions in 2019 and currently serves as the Program Coordinator for Tier III support at Strath Haven High School. Starting in the field as a behavioral consultant, Matt uses his analytical skills to help clients create autonomy and choice in how they relate to their systems. Matt is currently trained as an instructor for QPR, a leading suicide prevention method.

## **Vanessa Hari, MA, LPC**

Vanessa has been active in the field for the last 10+ years. She started with Effective School Solutions in 2019 and is the Clinician for the Tier III support at Strath Haven High School. In addition to her degree and years of experience, Vanessa is also trained in Trauma-Focused CBT and utilizes that to help families and clients. Vanessa is collaborative and person-focused in her work and presentation style.

## **Diandra Kaufman, LCSW**

Diandra is an advanced trainer in The Nurtured Heart Approach (NHA) as well as the clinical coordinator for ESS at Hillsborough High School in New Jersey. Diandra is the owner of A Resilient Mind Counseling Services, where she incorporates her passion for The Nurtured Heart Approach into the therapeutic work she provides to children and teens. Diandra earned her Bachelor's degree in psychology at East Stroudsburg University, and her Master's degree in social work at Monmouth University. Diandra has written a Nurtured Heart curriculum for children, which is used to teach NHA to children and teens across many different platforms.

## **Frank J. McCartney, Community Outreach Coordinator**

Frank McCartney is the Community Outreach Coordinator for the Philadelphia Field Division of the Drug Enforcement Administration. Frank is a civilian who joined DEA in 2010 and has proudly supported the DEA mission of enforcing drug laws, preventing the distribution of illegal narcotics and the diversion of regulated pharmaceuticals. Since 2017, Frank has engaged communities throughout Pennsylvania and Delaware in support of DEA drug prevention initiatives. DEA recognizes the importance of demand reduction through education and is passionate in spreading the "live drug free" message to all citizens, especially our youth. Frank is a proud father of five children and is happy to have the opportunity to give back to the community through drug prevention education.

### **Andrew Eiseman, Community Outreach Specialist**

Andrew is a retired Special Agent who has more than 26 years of federal investigative and management experience with the DEA. Throughout his career, Andy has worked in various capacities, serving both foreign and domestic, including tours in Bogotá, Colombia, and Detroit, Michigan, where he retired as a Supervisory Special Agent overseeing the Special Services Unit. Andy currently serves as a Community Outreach Specialist for the DEA Philadelphia Field Division, working with youth, parents, coalitions, and community members providing drug education and prevention initiatives throughout Pennsylvania and Delaware. Andy is a proud husband and father of one son, Tyler. Andy is excited for and humbled by the opportunity to give back to the community in which he was born and raised.

### **Jaci Zarabba, PsyD**

Dr. Zarabba is a licensed school psychologist and Assistant Professor at the Institute for Graduate Clinical Psychology at Widener University. She provides therapy for children and families at Dragonfly Psychological Associates. Prior to joining Widener and Dragonfly, Dr. Zarabba worked as a school psychologist in the Wallingford-Swarthmore School District where she evaluated students for special education services, provided individual and group counseling, and engaged in collaborative problem solving with families and school-based personnel. Dr. Zarabba has experience helping children and families with a wide range of issues including anxiety, depression, autism, learning problems, and behavioral challenges.

### **Supriya Williamson, PhD**

Dr. Williamson is a licensed clinical psychologist at Dragonfly Psychological Associates in Media, PA. Prior to her work in psychotherapy, Dr. Williamson served for 3 years in the Peace Corps in Botswana. She has provided individual and family therapy to refugees as well as low-income and under-resourced populations. She currently works with children, adolescents, families, and couples. Dr. Williamson employs a strengths-based and collaborative approach to her practice of therapy and pulls from cognitive-behavioral therapy (CBT) and family systems theory. Her passion is helping individuals, families and couples to identify and shift problematic patterns so that they can lead more balanced and happy lives.

### **Amy Young, PsyD**

Dr. Amy Young is the Founder and Director of the CBT Center for Anxiety & OCD and has been working in the behavioral health field since 1995. She holds a Doctoral degree from Philadelphia College of Osteopathic Medicine, a Clinical Psychology program specializing in Cognitive Behavioral Therapy. Dr. Young also earned Master's Degrees in Counseling Psychology and Clinical Psychology. Dr. Young successfully treats all types of anxiety, OCD and OC-related disorders. She also works with clients with co-occurring conditions such as depression, ADHD, dyslexia, Sensory Processing Disorder (SPD) and chronic medical conditions like PANS/PANDAS and POTS. Dr. Young has a particular interest in working with gifted individuals and complex co-occurring conditions. Dr. Young is skilled in helping people who have not experienced success with other therapeutic interventions.

### **Dr. Amanda Chusid, PhD**

Dr. Amanda Chusid is a Licensed Clinical Psychologist at the CBT Center for Anxiety and OCD. She received her Doctoral degree in Clinical Psychology from Widener University's Institute for Graduate Clinical Psychology, where she specialized in child, adolescent, and family psychotherapy. She is a PA certified school psychologist and has experience working within schools and consulting with school personnel to provide support for students in the classroom. During her doctoral training, she received training in providing Cognitive Behavioral Therapy (CBT), Exposure and Response Prevention (ERP), and Acceptance and Commitment Therapy (ACT). Dr. Chusid has a passion for working with children, adolescents, and adults with anxiety, OCD, and Obsessive Compulsive-related disorders. Dr. Chusid is experienced in treating children with selective mutism and individuals on the Autism Spectrum, as well as providing executive function coaching to children and adolescents with ADHD. Dr. Chusid uses cognitive-behavioral and systems-based approaches to help individuals and families reduce suffering and make rewarding changes in their lives.

### **Lauren DeSanctis, MS. Ed**

Lauren DeSanctis is an elementary school counselor at Nether Providence Elementary in the Wallingford-Swarthmore School District. Lauren has worked professionally with children for over 15 years in a variety of settings. Prior to entering the school counseling field, Lauren worked as a mental health clinician, behavior specialist and mobile therapist for Child Guidance Resource Centers. Lauren also spent several summers working as a counselor and then Director for the summer therapeutic programs at CGRC. Lauren received her graduate degree from The University of Pennsylvania, where she also received her elementary school counseling certification. Since then Lauren has pursued her passion to work in schools, where she loves to connect with young students and be a part of their educational, personal, and social growth.

### **Ashley Yingst, LSW**

Ashley Yingst is an Elementary School Behavioral Health Counselor/Social Worker in the Wallingford-Swarthmore School District. Ashley received her Bachelor's Degree in sociology at Dickinson College and later received her master's degree in social work from the University of Pennsylvania. As a Licensed Social Worker, Ashley has worked in other schools in the area as a mental health therapist and social worker. Ashley is passionate about her work in schools assisting students with their academic, social and emotional needs as well as connecting with them to enhance their experience in the school environment.

