



Sunchips® Garden Salsa Snack Mix - 875 oz. (24.8 g)

B4502



Nutrition Facts

Serving Size 1 package	
Servings Per Container 1	
Amount Per Serving	
Calories	110
Calories from Fat	40
Total Fat 4g	8%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 2g	2%
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	2%

*Percent Daily Values are based on a diet of other people's misadventures.
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1 verify this information is accurate as of 1/15.

For Energy Nutrition Science
 972-334-2165
 Frito-Lay Inc.
 Plano, TX 75024-1099

Sunchips® brand GARDEN SALSA Flavored Multigrain Snacks
 Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Tomato Powder, Salt, Natural Flavors, Maltodextrin (Made From Corn), Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Dextrose, Buttermilk, Onion Powder, Whey, Yeast Extract, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Whey Protein Concentrate, Corn Oil, Spices (Including Jalapeno Pepper), Citric Acid, Paprika Extracts, and Lactic Acid.

CONTAINS WHEAT AND MILK INGREDIENTS.
 ROLD GOLD® brand HEARTZELSO® brand Pretzels
 Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Corn Oil, Salt, Yeast, and Ammonium Bicarbonate.

CONTAINS WHEAT INGREDIENTS.

Case UPC	000-28400-30821-2
Bag UPC	0-28400-26597-3
Case Pack	104/ 875 oz. bags
Kosher Status	Not Kosher
USDA Smart Snack Compliant	Yes - Whole Grain first ingredient
Grain Equivalents	1.25 oz. eq.
Weight of Grain	20.5 g
Document Updated	1/15

*Percent Calories from Fat were calculated using Total Fat x 9/Calories x 100 as allowed by USDA document SP 23-2014cs - Questions and Answers Related to the "Smart Snacks" Interim Final Rule

All products are accurately labeled with the most current information however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.

IS 041814 v. 11, NF 042814

Smart Snacks Product Calculator

SMART SNACKS PRODUCT CALCULATOR

B4502

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Smart Snacks Product Calculator Results

Brand: Sunchips®
 Product Name: Garden Salsa Snack Mix
 Serving Size: 24.81 g
 First Ingredient: Whole Corn

*Your whole grain product meets all nutrient standards.

Nutrition Facts

Serving Size 0.875 oz (about 24.81 g) e	
Amount Per Serving	
Calories 110	Calories from Fat 40
Total Fat (g) 4	
Saturated Fat (g) 0	
Trans Fat (g) 0	
Sodium (mg) 170	
Carbohydrates	
Sugars (g) 1	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

LEADING THE WAY FOR CHILDREN'S HEALTH



<http://tools.healthintergeneration.org/calculator/>

12/29/2014