

73264

Smart Snacks Product Calculator Results

Brand: Lay's Kettle 40% Less Fat
 Product Name: Sea Salt & Vinegar
 Serving Size: 38.98 g
 First Ingredient: Potatoes

Your vegetable product meets all nutrient standards for entrees or snack foods.

Nutrition Facts	
Serving Size 1.375 oz (about 38.98 g)	
Servings Per Container	
Amount Per Serving	Calories from Fat 13
Calories 180	
Total Fat (g) 7	
Saturated Fat (g) 1	
Trans Fat (g) 0	
Sodium (mg) 190	
Carbohydrates	
Sugars (g) 2	
Vitamin D (5%) NA	Phosphorus (5%) NA
Calcium (5%) NA	Dietary Fiber (5%) NA

The percent or range is provided for the product. It is not an estimate. An estimate would be based on the information provided and may vary from the actual value. For more information, please refer to the manufacturer's website. The information is provided for informational purposes only and is not intended to be used for medical or other health-related purposes. For more information, please refer to the manufacturer's website.



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Lay's® Kettle 40% Less Fat Sea Salt & Vinegar Potato Chips

1.375 oz. (38.9 g.)



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Ingredients: Potatoes, Vegetable Oil (Sunflower, Corn, and/or Canola Oil), Sea Salt & Vinegar Seasoning (Maltodextrin (Made From Corn), Sea Salt, Vinegar Solids, Dextrose, Citric Acid, Sugar, Yeast Extract, Sunflower Oil, Lactic Acid, Spice, and Natural Flavor).

Nutrition Facts	
Serving Size 1.17 package	
Servings Per Container 1	
Amount Per Serving	
Calories	
Calories from Fat	
Total Fat 7g	
Saturated Fat 1g	
Trans Fat 0g	
Cholesterol 0mg	
Sodium 190mg	
Potassium 550mg	
Total Carbohydrate 27g	
Dietary Fiber 2g	
Sugars 2g	
Protein 3g	
Vitamin A	
Vitamin C	
Calcium	
Iron	
Thiamin	
Riboflavin	
Niacin	
Vitamin B6	
138	0%
0g	0%
11%	11%
0%	0%
5%	5%
0%	0%
8%	8%
19%	19%
8%	8%
0%	0%
15%	15%
0%	0%
0%	0%
0%	0%
6%	6%
2%	2%
8%	8%
15%	15%

1. Verify all information is accurate as of 1/31/17.

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Case UPC	000-28400-25113-6
Bag UPC	0-28400-24324-7
Case Pack	64/1.375 oz. Bags
USDA Smart Snack Compliant	Yes
Kosher Status	Kosher - OU Dairy
Document Updated	1/17

All products are accurately labeled with the most current information however, since the ingredients are subject to change, we recommend you check the label on the specific product for the most current and accurate information.