

RH# B0882



Smart Snacks Product Calculator Results

Brand:
General Mills

Product Name:
Golden Grahams Cereal Bar

Serving Size:
40.00 g

First Ingredient:
Whole Grain Oats

Your whole grain product meets all nutrient standards.

Nutrition Facts

Serving Size 40.00 g ⓘ
Servings Per Container

Amount Per Serving

Calories 150 **Calories from Fat 30**

Total Fat (g) 3

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 110

Carbohydrates

Sugars (g) 9

Vitamin D (%) NA Potassium (%) NA

Calcium (%) NA Dietary Fiber (%) NA

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY:

