



350714

Smart Snacks Product Calculator Results

Brand: **Campbell's**
 Product Name: **Cheddar Goldfish made with Whole Grain**
 Serving Size: **21.26 g**
 First Ingredient: **Whole Wheat Flour**

Nutrition Facts
 Serving Size 0.75 oz (about 21.26 g) ●

Amount Per Serving	
Calories 100	Calories from Fat 30
Total Fat (g) 3.5	
Saturated Fat (g) 1	
Trans Fat (g) 0	
Sodium (mg) 170	
Carbohydrates	
Sugars (g) 0	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

* Your whole grain product meets all nutrient standards.

LEADING THE WAY FOR CHILDREN'S HEALTH



GOOD IS IN THE DETAILS™

Special Dietary Needs:
 100 calories or less per serving
 10 grams or less total carbohydrates or less per serving
 250 calories or less per serving
 Good source of Calcium
 Sodium less than 40 mg.
 Whole Grain

Other Information
 40.75 oz. portion provides 1.0 oz. of equivalent grains. Non-creditable grains are not above 0.24 ounce equivalent per portion. Please refer to the *Formulation Statement for Documenting Grains in School Meals* available on Campbell's Smart! and www.campbellfoodservice.com for details on how to calculate grains. For more information on Pepperidge Farms® or Campbell's® products, contact your distributor or call 1-800-879-7687

Nutrition Information

Serving size: 1 pouch

Nutrients per Serving	Amount	%DV	
Calories	100		
Calories From Fat	30		
Total Fat	3.5 g	5%	
Saturated Fat	1 g	4%	
Trans Fat	0 g		
Cholesterol	Less than 5 mg	1%	
Sodium	170 mg	7%	
Total Carbohydrate	14 g	5%	
Dietary Fiber	1 g	6%	
Sugars	0 g		
Protein	3 g		
Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	2%

Ingredients

MADE WITH SMILES AND WHOLE WHEAT FLOUR UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO), VEGETABLE OILS (CANOLA, SUNFLOWER AND/OR SOYBEAN), CONTAINS 2 PERCENT OR LESS OF: SALT, AUTOLYZED YEAST, YEAST LEAVENING, (BAKING SODA, MONOCALCIUM PHOSPHATE), PAPRIKA, SPICES, DEHYDRATED ONIONS.



CampbellFoodservice.com

Information true and accurate as of: 20/11/1115

800-879-7687