BH390

SMART SNACKS PRODUCT CALCULATOR

HEALTHIER GENERATION

Smart Snacks Product Calculator Results

Brand:
Super Bakery

Product Name:
Dunkin Stix

Serving Size:
54.00 g

First Ingredient:
Whole Wheat Flour

Your whole grain product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 54.00 g

Servings Per Container

Amount Per Serving

Calories 180	**Calories from Fat** NA
Total Fat (g) 6	
Saturated Fat (g) 1.5	
Trans Fat (g) 0	
Sodium (mg) 170	
Carbohydrates	
Sugars (g) 14	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY: American Heart Association

BH390

7010 Goodyman Whole Grain Dunkin Stix

51% WHOLE GRAIN – 1.9 oz

SBI CODE # - 7010
UPC ITEM# - 091464701008

Nutrition Facts

Serving Size 1.9oz (54g)
Servings Per Container 1

Amount Per Serving	
Calories 180	Calories from Fat 50
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Potassium 100mg	3%
Total Carbohydrate 28g	9%
Dietary Fiber 2g	6%
Sugars 14g	
Protein 3g	

Vitamin A 0%	•	Vitamin C 0%	
Calcium 2%	•	Iron 4%	
Thiamine 0%	•	Riboflavin 2%	
Niacin 0%	•	Folate 0%	

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, PALM OIL, DEFATTED SOY FLOUR, DEXTROSE, SOYBEAN OIL, NONFAT DRY MILK, SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, SALT, CINNAMON, DRY HONEY SOLIDS, SOY LECITHIN, SODIUM ALUMINUM PHOSPHATE, CORNSTARCH, MONO-DIGLYCERIDES, GLUCONO DELTA-LACTONE, WHEAT STARCH, CALCIUM CARBONATE, AGAR, EGGS.

CONTAINS: WHEAT, MILK, SOY & EGGS

PRODUCT CONTRIBUTION

GRAIN CREDIT: 1oz grain equivalent
GRAMS OF FLOUR: 19g
GRAMS OF WHOLE GRAIN: 10.4g
GRAMS OF ENRICHED: 8.6g
PERCENT OF TOTAL GRAINS THAT ARE WHOLE GRAIN: 51%
DOES THIS PRODUCT QUALIFY AS WHOLE GRAIN RICH: YES

PRODUCT HIGHLIGHTS

- Smart Snack Approved
- 1 oz Grain Equivalent
- Qualifies as Whole Grain Rich
- Breakfast in the Classroom
- 30% calories from fat, 7.5% calories from sat fat, 25.9% sugar by weight (30-10-30)

SUGGESTED BID SPEC

51% Whole Grain Dunkin Stix code/7010 100 – 1.9 oz Frozen, Thaw and Serve, I.W.:-51% Whole Wheat. Must conform to USDA Child Nutrition Program specifications and meet 1oz grain equivalent. Must contain a minimum 2 grams of fiber & 3 grams of protein. Student-preferred brand Super Bakery's Goodyman product #7010. Peanut Free Product, Made in the USA. Smart Snack Approved. Product analysis required.

CASE SPECS

cs/ct	100
case dimensions	16.875" L x 12.8125" W x 5.6875" H
case cube	.71
case weight	13.875 lbs
cases per pallet	80
TiHi	8 x 10
shelf life	frozen: 12 months / ambient: 10 days

Super Bakery

1•800•722•6841 – Customer Service
www.superbakery.com

PRESIDENT, SUPER BAKERY, INC.

Updated: 1.1.16