

***DUE upon return from summer vacation in your English class.**

Man's Search for Meaning by Victor Frankl – **black edition pagination**

Reading Guide – Answer these questions on separate paper and in complete sentences.
Responses hand written on this handout will not be accepted.

Part 1 – Experiences in a Concentration Camp

Answer the following questions as you read.

1. How does **logotherapy** depart from traditional Freudian psychology? (97-99; 103; 153-154) will to meaning vs. the pleasure principle (99+)
2. How is this book different from traditional **holocaust literature**? (opening passage, 3+)
3. Identify and define the **3 phases** of the inmate's/victims' **mental reactions** (otherwise known as a **provisional existence**, see #5). (8+, 20+, 84+)
4. What is the role/importance of “**choice**” in logotherapy and existentialism as Frankl sees it? (65+)
5. What is the principle of **provisional existence**? What characterizes a provisional existence? (69+)
6. What is the theory of **2 races of men**? (86+) How do you feel about it - EXPLAIN? Does the case of Dr. J. contradict the theory? (132)
7. What are the potential **psychological side effects** (phase 3) for the released prisoner (holocaust survivor) and what is ironic about them? (87+)
8. **Additional relevant terminology** to define (towards the end of part 1):
depersonalization

moral deformity

bitterness

disillusionment.

Part 2 – Logotherapy the Theory (**to be completed in class**)

Define the following....

1. neuroses (101)
2. **the existential vacuum** (106+)
3 facets of the existential vacuum (141)
3. **love** (111) – Why isn't this given more coverage??? Is enough said?
4. **meaning in suffering** (112)
happiness vs. suffering (113-114)
5. the super-meaning: meaning vs. logic, which is greater and why? (118+)
6. **nihilism** (the neurosis of our age) (129)
7. **pan-determinism** (BAD) (130+) vs. **tragic optimism** (GOOD) (137+)
8. optimum human potential (137+)
9. the essence of existence (109+)
 - a. **the categorical imperative** (109) / **Frankl's imperative** (150)
 - b. **self-actualization**
10. **the meaning of life** (108+) Does Frankl's answer make sense, or is it a philosophical cop-out?
how to arrive at meaning (3 facets/ways) (111 and repeated 144+)