

STRATH HAVEN HIGH SCHOOL

STUDENT "BRAG SHEET" FOR COUNSELOR COLLEGE RECOMMENDATIONS

STUDENT NAME _____ COUNSELOR _____

Please respond to the following questions in detail, using anecdotes as often as possible. By providing specific examples to answer each question, you will help your counselor write a personal, holistic letter that highlights the unique and distinguishing aspects of your character. Please keep in mind that we have activities sheets and transcripts and are hoping to learn something new.

Please type your responses and submit them to your counselor either electronically or on paper. Your responses will not be shared directly with anyone. Do your best to answer each question, but do not worry if you need to skip one or two.

1. Please list your top three or four college choices at this time. Also, list what you are looking for in a college that would make it a good "fit" for you.
2. At this point in time, what, if any, are your career objectives? Why?
3. Name a role model who has had the most influence on you. What is it about this person that you value and/or appreciate?
4. What are the first words that come to mind to describe yourself and why? Tell about a time in your life when you used these qualities.
5. On your activities sheet, you have listed clubs, sports, music, volunteer and work experiences both in and out of school. Which of these are the most important to you and why?
6. What are you most proud of during your high school career and why? What does this say about you?
7. What experiences have you had in high school that are the most memorable? What made them so noteworthy?
8. Have there been any disappointing moments in high school that you wish you could "do over"? What would you do differently and why? What can you or did you learn from this?
9. Is your transcript an accurate reflection of your ability? Please elaborate.
10. How have you spent your summers and vacations (work, travel, camp, volunteering). How and why have you chosen to spend your time this way and how has this influenced you?
11. Have you had any unusual and/or meaningful travel experiences that set you apart from your peers? Please explain in detail.
12. Is there an author, particular book, or website that has influenced you? In what way?
13. Is there a particular quotation or motto that is especially meaningful to you? Why?
14. Tell me about your family. Is there anyone who has had a major influence in your life? How?
15. Tell me anything I might not already know that will help me convey to admissions offices that you are a good candidate.