

WSSD Extended School Year



Extended Day AS/ES

Extended Day – AS (Grades Kindergarten – 12+)

This is an extended day program for students on the Autism Spectrum (although a diagnosis is not required). In addition to academics, students participate in inclusive activities with peers, and in specialized programming including sensory activities, social skills, and community-based instructions, etc.

Speech and Occupational Therapy are integrated into the afternoon sessions.

Dates: Four-week program, typically in July (exact dates vary year to year)

Frequency (Times): 8:30- 1:30; **Monday – Thursday**

Extended Day – Emotional Support– (Kindergarten –12)

This is an extended day program for students with Emotional Support needs. Students participate in academic programming, personal development programming, individual counseling, and group counseling.

Dates: Four-week program, typically in July (exact dates vary year to year)

Frequency (Times): 8:30- 1:30; **Monday – Thursday**

Sample Schedule:

PLEASE NOTE: This is an example schedule, not a confirmed schedule. ESY schedules will be distributed by your child's ESY teacher at the beginning of ESY.

8:30AM -8:40AM Arrival, Daily goal- setting

8:45 – 10:00 Math or Reading Instruction

- Academics are taught by qualified certified teachers
- Specific IEP goals are the focus of maintenance instruction
- Additional opportunities for practice of basic skills is provided
- Both reading and math instruction offers a combination of online practice and reinforcement, and in-person teaching
- Instruction includes research-based interventions
- Academic instruction will occur within the summer classrooms OR within the extended day classroom if small group or individual instruction is required

10:00 – 10:15 Break

10:15 -11:30 Reading Instruction or Math Instruction

- See Description above

11:30 – 1:30 Related Services and Social Skills

- **Students will receive related services as outlined in the IEP**
- **Services provided by Certified Speech and Language Therapists, Licensed Occupational Therapist and Licensed Physical Therapist**
- **AS Social Skills instruction focuses on the principles of research-based programs. Lesson examples are:**
 - **Identifying the expected vs. the unexpected**
 - **Practicing perspective taking and relating it to behavior**
 - **Connecting Expectations and Perspective to Consequences**
 - **Using Dyads to practice generalization**
 - **All group activities are facilitated by a special education teacher AND a certified speech and Language therapist with experience social skills areas**
- **ES Social Skills instruction utilizes research-based programs, however, will use best practice techniques and strategies from counseling**