

<p>3. Delegation of Responsibility 42 U.S.C. Sec. 1758b</p>	<p>The Superintendent, through the Wellness Committee, shall be responsible to monitor district schools, programs, and curriculum to ensure compliance with this policy, related policies and established guidelines or administrative procedures.</p> <p>Each building principal or designee shall report to the Wellness Committee regarding compliance in his/her school.</p> <p>Staff members responsible for programs related to student wellness shall report to the Wellness Committee regarding the status of such programs.</p> <p>By June 30th, the Superintendent shall report to the Board on the district's compliance with law and policies related to student wellness. The report may include:</p> <ol style="list-style-type: none"> 1. Assessment of school environment regarding student wellness issues. 2. Evaluation of food services program. 3. Review of all foods and beverages sold in schools for compliance with established nutrition guidelines. 4. Listing of activities and programs conducted to promote nutrition and physical activity. 5. Recommendations for policy and/or program revisions. 6. Suggestions for improvement in specific areas. 7. Feedback received from district staff, students, parents/guardians, community members and Wellness Committee.
<p>42 U.S.C. Sec. 1758b</p>	<p>The Superintendent or designee and the appointed Wellness Committee shall periodically conduct an assessment on the contents and implementation of this policy as part of a continuous improvement process to strengthen the policy and ensure implementation. The assessment shall include the extent to which district schools are in compliance with law and policies related to student wellness, and shall describe the progress made by the district in attaining the goals of this policy. The assessment shall be made available to the public.</p>
<p>42 U.S.C. Sec. 1758b</p>	<p>The district shall inform and update the public, including parents/guardians, students, and others in the community, about the contents and implementation of this policy.</p>

<p>SC 1512.1 Pol. 102, 105</p> <p>Pol. 103.1</p>	<p>That time should include recess, clubs, intramurals, interscholastic athletics, physical education class, as well as physical activity outside the school environment, such as outdoor play at home, sports, etc.</p> <p>A physical and social environment that encourages safe and enjoyable activity for all students shall be maintained.</p> <p>Students and the community shall have access to physical activity facilities outside of school hours.</p> <p><u>Physical Education</u></p> <p>Quality physical education instruction that promotes lifelong physical activity and provides instruction in the skills and knowledge necessary for lifelong participation shall be provided.</p> <p>Physical education classes shall be the means through which all students learn, practice and are assessed on a variety of developmentally appropriate skills and knowledge for lifelong, health-enhancing behaviors.</p> <p>A sequential physical education program, consistent with the State Board of Education curriculum regulations and Health, Safety and Physical Education academic standards shall be developed and implemented. All district students must participate in physical education.</p> <p>Safe and adequate equipment, facilities and resources shall be provided for physical education courses.</p> <p>Documented medical conditions and disabilities shall be accommodated.</p> <p>Physical education classes shall be taught by certified health and physical education teachers.</p> <p>Appropriate professional development shall be provided for physical education staff.</p> <p>Physical education classes shall have a student to teacher ratio comparable to those of other courses.</p> <p>Physical activity shall not be used as a form of punishment.</p>
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<p>7 CFR Sec. 210.10, 220.8</p>	<p><u>Other School Based Activities</u></p> <p>District schools shall provide adequate space, as defined by the district, for eating and serving school meals.</p> <p>Students shall be provided a clean and safe meal environment.</p> <p>Students shall be provided adequate time to eat: ten (10) minutes sit down time for breakfast; twenty (20) minutes sit down time for lunch.</p> <p>Meal periods shall be scheduled at appropriate hours, as defined by the district.</p> <p>Drinking water shall be available and accessible to students, without restriction and at no cost to the student, at all meal periods and throughout the school day.</p> <p>Students shall have access to hand washing or sanitizing before meals and snacks.</p> <p>Professional development shall be provided for food service staff.</p> <p>Nutrition content of school meals shall be available to students and parents/guardians.</p> <p>Students and parents/guardians should be involved in menu selections through various means.</p> <p>To the extent possible, the district shall utilize available funding and outside programs to enhance student wellness.</p> <p>The district shall provide appropriate training to all appropriate staff on the components of the Student Wellness Policy.</p> <p>Goals of the Student Wellness Policy shall be considered in planning all school based activities.</p> <p>Fundraising projects submitted for approval shall be supportive of healthy eating and student wellness.</p> <p>Administrators, teachers, food service personnel, students, parents/guardians, and community members shall be encouraged to serve as positive role models through district programs, communications and outreach efforts.</p>
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<p>42 U.S.C. Sec. 1751 et seq, 1773 7 CFR Sec. 210.10, 220.8 7 CFR Sec. 210.11, 220.12a 7 CFR Sec. 210.11 SC 504.1 Pol. 913.1 Pol. 209.1</p>	<p>The district shall support the efforts of parents/guardians to provide a healthy diet and daily physical activity for children by communicating relevant information through various methods.</p> <p><u>Nutrition Standards/Guidelines</u></p> <p>All foods available in district schools during the school day shall be offered to students with consideration for promoting student health and reducing childhood obesity.</p> <p>Foods provided through the National School Lunch or School Breakfast Programs shall comply with established federal nutrition standards.</p> <p>Competitive foods available for sale to students in district schools outside of school meal programs shall comply with established federal nutrition standards.</p> <p>The district may impose additional restrictions on competitive foods, provided that the restrictions are not inconsistent with federal requirements.</p> <p>Exclusive competitive food and/or beverage contracts shall be approved by the Board, in accordance with provisions of law.</p> <p><u>Management Of Food Allergies In District Schools</u></p> <p>The district shall establish Board policy and may establish administrative procedures to address food allergy management in district schools in order to:</p> <ol style="list-style-type: none"> 1. Reduce and/or eliminate the likelihood of severe or potentially life-threatening allergic reactions. 2. Ensure a rapid and effective response in case of a severe or potentially life-threatening allergic reaction. 3. Protect the rights of students by providing them, through necessary accommodations when required, the opportunity to participate fully in all school programs and activities.
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Wellness Committee Meetings

The Wellness Committee shall be a standing committee that will meet no less than four (4) times during the school year. Meeting dates and times shall be determined by the chairperson.

References:

School Code – 24 P.S. Sec. 504.1, 1337.1, 1422, 1422.1, 1422.3, 1512.1, 1513

National School Lunch Program – 42 U.S.C. Sec. 1751 et seq.

School Breakfast Program – 42 U.S.C. Sec. 1773

Healthy, Hunger-Free Kids Act of 2010 – P.L. 111-296

National Food Service Programs, Title 7, Code of Federal Regulations –
7 CFR Part 210, Part 220

Board Policy – 102, 103, 103.1, 105, 209.1, 808, 913.1